

TOASTED TEACAKE GLUTEN-WHEAT

TOAST/TOAST FOR TWO GLUTEN-WHEAT

GRANOLA ALMONDS/PECAN/HAZLENUT/WALNUT

TOASTED BANANA BREAD WHEAT-GLUTEN/EGGS/MILK

ESPRESSO BUTTER DAIRY

LEMON FRENCH TOAST WITH HONEY

GLUTEN-WHEAT/EGGS/DAIRY

PANCAKES WHEAT

SALMON SUNRISE BAGEL GLUTEN-WHEAT/SOYA/FISH

MAPLE BLT BREAKFAST BAGEL

GLUTEN-WHEAT/SOYA/DAIRY/EGG

SPICY HALLOUMI BAGEL GLUTEN-WHEAT/SOYA/DAIRY

VEGGIE GARDEN BAGEL GLUTEN-WHEAT/SOYA

THYME KITCHEN BREAKFAST

GLUTEN-WHEAT/EGGS/MUSTARD/EGG

THYME KITCHEN VEGETARIAN BREAKFAST

GLUTEN-WHEAT/EGGS/MILK/MUSTARD/EGG

THYME KITCHEN VEGAN BREAKFAST

GLUTEN-WHEAT/MUSTARD/SOYA

THYME KITCHEN BREAKFAST BURRITO

GLUTEN-WHEAT/EGGS

MUSHROOMS ON SOURDOUGH TOAST

GLUTEN-WHEAT/MILK

WELSH RAREBIT ON SOURDOUGH TOAST

GLUTEN-WHEAT/BARLEY/FISH/MILK/MUSTARD/

SULPHUR DIOXIDE

SMASHED AVOCADO ON SOURDOUGH TOAST

GLUTEN-WHEAT

POACHED EGGS & SMOKED SALMON MUFFIN

GLUTEN-WHEAT/SOYA/FISH/EGGS

HOLLANDAISE SAUCE; EGGS/MILK

PERSIAN EGGS

GLUTEN-WHEAT/EGGS/MILK/SESAME SEEDS

HERBY CORN FRITTERS (GF) EGGS/MILK

BREAKFAST NAAN GLUTEN-WHEAT/EGGS/MILK

VEGETARIAN NAAN GLUTEN-WHEAT/EGGS/MILK

MEXICAN STYLE BAKED EGGS EGGS/MILK/SULPHITES

PESTO BAKED EGGS, GREEN PESTO

WHEAT/EGGS/MILK/PINE NUTS

FRESHLY MADE SOUP

PLEASE CHECK WTH YOUR SERVER

CHORIZO, SWEET POTATO HASH

GLUTEN-WHEAT/EGGS

PACKINGTON ROAST CHICKEN SANDWICH

GLUTEN-WHEAT

VEGGIE SANDWICH

GLUTEN-WHEAT/SESAME SEEDS

CHICKEN & MANGO SALAD SULPHITES

CHICKEN CAESAR SALAD DAIRY/FISH/GLUTEN/EGGS

FETA CHEESE SALAD SULPHITES/DAIRY

CHICKEN & MUSHROOM PIE, PUFF PASTRY TOP

GLUTEN-WHEAT/MILK/MUSTARD

MUSHROOM & VEG PIE, PUFF PASTRY TOP

GLUTEN-WHEAT/MILK/MUSTARD

THYME KITCHEN BAP

GLUTEN-WHEAT/SOYA

VEGETARIAN THYME KITCHEN BAP

GLAMORGAN SAUSAGE; WHEAT/MILK/MUSTARD/SOYA

SAUSAGE BAP GLUTEN/WHEAT/MILK/SOYA

VEGETARIAN SAUSAGE BAP GLAMORGAN SAUSAGE:

WHEAT/MILK/MUSTARD

BACON BAP GLUTEN/WHEAT/MILK/SOYA

MUSHROOM BAP GLUTEN-WHEAT/MILK/SOYA

BACON HASH BROWN DAIRY/EGG

CHORIZO HASH BROWN DAIRY/EGG

AVOCADO HASH BROWN DAIRY/EGG

FISHCAKE DAIRY/EGG/FISH/GLUTEN

PLEASE NOT WE CAN MAKE A DISH GLUTEN FREE BY SWITCHING TO GF BREAD

CAKES & PASTRIES

CROISSANT GLUTEN-WHEAT/DAIRY/EGGS

PAIN AU CHOCOLAT GLUTEN-WHEAT/DAIRY/EGGS/SOYA

TRIPLE CHOCOLATE BROWNIE (GF)

DAIRY

FRUIT SCONE

DAIRY/GLUTEN-WHEAT

THE FOLLOWING CAKES ALL CONTAIN

GLUTEN-WHEAT/EGGS/MILK

VICTORIA/LEMON/COFFEE/BISCOFF/CARROT CHOCOLATE/LEMON THYME/LEMON BLUEBERRY/ RASPBERRY WHITE CHOC/RED VELVET/FRUIT CAKE

CHERRY BAKEWELL GLUTEN-WHEAT/EGGS/MILK/ALMONDS

COFFEE WALNUT GLUTEN-WHEAT/EGGS/MILK/WALNUTS